

Make Your Own Solid Perfume

This solid perfume is easy to make and with the small containers easy to carry in your handbag. Experiment with your favourite smells to create your own unique perfume. Our teenagers loved making this perfume and designing their own label. It is also a good opportunity to create a personalised gift for a friend.

You will need:

- One tablespoon of Beeswax. This can be found at craft stores, candle-making suppliers or aromatherapy suppliers. It is available either in its natural golden colour, or bleached white. It can be purchased either in blocks that can be grated with a cheese grater to get smaller pieces that are easier to work with, or it can also be purchased as small pellets.
- Three tablespoons of Jojoba oil.
- Vitamin E (optional): You will need either 1 capsule, or 3-4 drops of liquid for this recipe. Besides being an antioxidant, Vitamin E is also a natural preservative.
- You will need about 80-100 drops of essential oil for this recipe. If you are using an absolute such as Rose, then this will be significantly less e.g. 1 drop of absolute = approximately 10 drops of essential oil.
- A heat proof jug and large pan.
- 2 small 15 ml jars such as lip gloss containers or the equivalent.



Instructions:

- Make sure that you have all your ingredients and utensils to hand. They are clean and you have a clear surface to work on.
- Put the level tablespoon of beeswax pellets into a heat proof jug. It is easier if there is a pouring lip on this item.
- Add the 3 tablespoons of jojoba oil to the beeswax.
- Place the jug in a large pan that is filled with 1" (2.5 cm) of hot water.
- Place the pan and jug on the stove and turn the heat on low.
- Stir the mixture in the jug with a lolly stick, or similar, every couple of minutes until the wax is completely melted (approximately 10 minutes).
- Turn off stove and carefully remove the jug from the pan and place on a heat resistant surface.
- If desired, stir in the contents of 1 capsule of vitamin E (or 3-4 drops liquid vitamin E).
- Allow the mixture to cool slightly, then stir in your desired essential oil or blend. If using a blend then pre-mix before adding to the mixture.
- Quickly pour the mixture into your jars.
- When it has cooled a little place the lids on the jars.
- Allow mixture to cool for several hours.
- Label the jars to ensure correct usage.
- To use, take a small amount of the solid perfume from the container with your finger, and place on the wrists, the neck, or any other location on the skin that is desired.

Extra Ideas:

Primrose Aromatherapy supply a kit containing beeswax (enough for 2 batches), 30ml Jojoba oil, a choice of 10 ml essential oil or blend, 2 15ml jars with lids and 2 labels.